

CHOOSING TO IMMUNIZE  
IS THE BEST WAY TO  
PROTECT YOURSELF AND  
EVERYONE AROUND YOU  
FROM DANGEROUS DISEASES  
ACROSS THE LIFESPAN.



**Prioritize  
Vaccination**



**Protect Your  
Loved Ones**



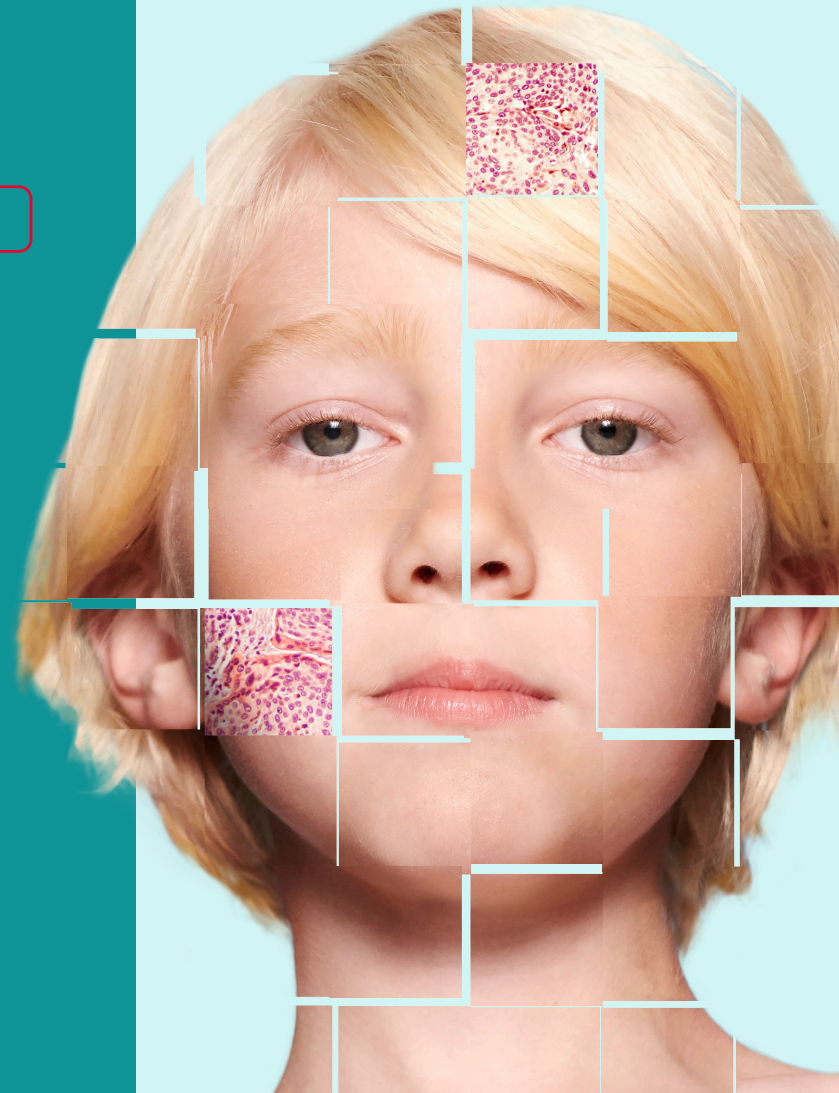
**Pass the  
Protection On**

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# THE POWER TO PROTECT

MENINGOCOCCAL VACCINE INFORMATION  
(MenB and MenACWY)



# PROTECT YOUR TEEN'S HEALTH.

Meningococcal vaccines help prevent the most common causes of meningitis. There are two types of vaccines, MenB and MenACWY that each protect against different strains. Both of these vaccines are important to provide the best protection against the meningococcal disease.

## DID YOU KNOW?

**Meningitis is caused by bacteria that can lead to swelling of the brain and spinal cord.**

**Out of 100 people with meningococcal disease, 10 to 15 will die. In addition, 10 – 20 people who survive will suffer severe long-term effects.**

## WHO SHOULD GET THE VACCINE?

Teens and young adults 10–23 years old are most at risk for exposure to meningitis. Parents and young adults should talk with their provider about becoming vaccinated against the disease.

## DID YOU KNOW?

**Approximately 1 out of 10 people are carriers of the meningococcus bacteria. The bacteria live in the back of the throat and spread to others through close contact such as coughing or kissing. People who live in the same household such as family members or roommates are most susceptible.**

## MENINGOCOCCAL VACCINES\*

### MenB

A two-dose series, recommended for ages 16–23.

### MenACWY

First dose between age 11–12 and booster dose at age 16.

\*Both vaccine types may be safely given at the same clinic visit

**Talk to your doctor today about protecting you and your family from meningococcal disease.**

To learn more, visit [thepowertoprotect.org](http://thepowertoprotect.org).

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