

THE POWER TO PROTECT.

Prevent Flu Across the Lifespan.

Influenza (flu) is a common contagious respiratory illness that can cause mild to severe complications, including hospitalization and even death. The annual flu vaccine is the best protection against flu viruses for everyone ages 6 months and older.

DID YOU KNOW?

Flu viruses circulate year-round but are most common during the fall and winter in the U.S.

ON AVERAGE

8% of Americans
get sick from the
flu every year.

GET THE #VAXFACTS →

INFLUENZA (FLU)

Flu spreads primarily through tiny droplets in the air created when a sick person coughs, sneezes, or talks. Anyone can get the flu, but children under 18 are most likely to get sick. The very young, older adults, pregnant women, and those with underlying medical conditions are at a higher risk of serious complications.

The Advisory Committee on Immunization Practices (ACIP) recommends everyone 6 months and older receive the seasonal flu vaccine. Receiving the 2020–2021 shot is more important than ever to ease the burden on the health care system as it responds to COVID-19.

SAFE & EFFECTIVE

The flu vaccine has been proven safe for over 50 years. It lowers the risk of flu illness by between 40% and 60% and significantly reduces the likelihood of flu-related hospitalization and death, especially in children.

The Seasonal Flu Vaccine. Everyone 6 months and older. Every year.

Talk to your health care provider about the flu vaccine for the entire family.

